<u>Sepid Teb Nia</u> is a health and well-being pharmaceutical company, active in the fields of producing different kinds of food supplements, herbal medicine and special chemical medicine since 2010. Sepid Teb has been remained an independent structure committed to innovation and sustainability. According to the will and the plan to produce specialized medicines, the company started its activities with contract manufacturing in authentic factories inside and outside the country and simultaneously proceeded to design & build its factory in a land of 50 thousand sq m in the Industrial Park of Nazar Abad.

Products

HERBO FIBER

Fructo-oligosaccharides are made up of a glucose molecule jointed to fructose molecules. Fructo-oligosaccharides have prebiotic activity. Prebiotics are substances that selectively promote the growth and activity of specific species of bacteria in the gut.



Indications:

- Used for hypercholesterolemia.
- Used for hypertriglyceridemia and hyperlipidemia.
- Used for weight loss.
- Improving gastrointestinal function.
- Used for constipation.

Inulin is an oligosaccharide, composed of chains of 2 to 60 glucose and fructose molecules. Inulin has a prebiotic effect meaning that it is not digested or absorbed. Fermentation of inulin decreases fecal PH and increases fecal volume. Inulin decreases serum triglycerides by decreasing fatty acid synthesis and reducing production of very low density lipoproteins (VLDL).

Each chewable tablet contains:

Inulin 2000 mg Fructo-oligosaccharide (FOS) 1000 mg

Dosage and Administration:

For treatment of hypertriglyceridemia
5-7 tablets daily
For treatment of hypercholesterolemia
3 tablets three times daily has been used
for up to 6 weeks
For treatment of constipation
5-10 tablets daily for 19 days has been used

LAX ACTIVE POWDER

This product contains psyllium powder and dried figs fruit as a flavoring and fiber and has laxative properties.Psyllium is a plant fiber from the husk is used for therapeutic purposes because it contains the highest amount of fiber is soluble in water.



This product helps to:

Treatment of constipation.

Treatment of high blood cholesterol and help reduce blood pressure.

The treatment of hemorrhoids.

Loss of appetite and weight loss.

Treatment of irritable bowel syndrome.

Lacks-Active is available for vegetarians.

Gluten-free and usable for vegetarians.

No color and additives.

No preservatives.

The advantage of psyllium and other laxatives of figs and after discontinuation of the drug is not addictive, does not return constipation again Only after several days of using this product

is suitable density and volume increases stool. the stomach and intestines is reduced and the risk of cancer and diseases of the digestive system are reduced. Psyllium is also useful to reduce cholesterol and high blood pressure. This process contains dyes and chemical additives, does not irritate the mucous membranes of the stomach and intestines, is gluten-free and suitable for vegetarians

The main advantages:

Unique soluble fiber to combat overweight and obesity.

Eliminate hunger.

Cleanse the digestive tract and feces density setting.

Effective help in the fight against diarrhea and constipation.

Stimulates the conversion of cholesterol to bile acids and increased fecal excretion of bile acids.

Reducing fatigue, stress and migraines caused by insufficient bowel movements.

Improve skin quality.

Effective help to cleanse and improve the overall condition of the body.

Each sachet Lax-Active® Content:

Psyllium powder (shell) 5 g

Fig fruit powder 15 grams

2 g of sorbitol powder

HI REST

Daily life stress causes physical and mental difficulties such as insomnia and muscular spasms, so consumption of natural products, which have no side effect based upon to dependence, could be extremely effective.



Indications:

Treat symptoms such as pain, muscular cramps and weakness, and mood disturbance such as agitation which causes exhaustion and insomnia.

Sleep inducing and reduce mental tension.

Reduce anxiety, Irritability and pain which lead to insomnia.

Improve nervous system.

Hi-Rest is a combination of 5 sedative herbs that due to its similar function of GABA Agonist, causes stress relive and also have calming and anti-anxiety effect. Valerian is one of the most effective herbal medicines which widely use for its calming effect, in addition acts as relaxation and usually use in insomnia cases. Skullcap strengthens nerves which has sedative and antiepileptic effects. Also Passiflora is added to this compound that traditionally use as

relaxation and hypnotic. Chamomile is also useful in creating pacific and natural sleep and Hops is a special remedy for mood disturbances such as restlessness.

Each chewable tablet contains:

Passion flower (Passiflora incarnata L.Extract) 200 Mg Valerian(Valeriana officinalis L.Extract) 200 Mg Hop (Humulus lupulus L.Extract) 150 Mg Skullcap (Scutellaria lateriflora Extract) 100 Mg Chamomile (Matricaria recutita L.Extract) 50 Mg Dosage and administration:

Before bed time 1 up to 2 tablets.

ACEROLA CHERRY

Aserola contain 1000 to 2330 mg per 100 g of vitamin C is. Vitamin C in normal metabolic activities as a coenzyme is required. It is very important in the formation of collagen and tissue regeneration.



Indications:

Prevention and treatment of vitamin C deficiency.

Strengthening the immune system.

antioxidants and help prevent infection Cancer.

Improve fractures, wounds, chronic diseases.

help increase iron absorption by the blood of my understanding.

Is involved in the metabolism of tyrosine. In the metabolism of carbohydrates, convert folic acid, protein and lipid synthesis and metabolism of iron, vitamin C plays a very important role. Resistant to infection and cellular respiration Vitamin C also acts as an antioxidant.

- Prevention and treatment of vitamin C deficiency.
- Strengthening the immune system.
- antioxidants and help prevent cancer.

• Improve fractures, wounds, chronic diseases.

• Contribute to the absorption of iron in anemia.

Each chewable tablet contains:

ASEROLA Cherie 500 mg

Contains 125 mg of natural vitamin C

The amount and route of administration:

1 tablet twice a day

WELL MOOD

Arthritis is a progressive disease and spoiler cartilage, cartilage gradually thin and weak and reduced joint space between bones and subsequent contact surface close to each other and being pulverized.



Indications:

Osteoarthritis is a chronic inflammatory joint that occurs due to loss of protective cartilage. There are two main symptoms of the disease.

Pain, which in situations of motion, the higher the intensity and humidity and cold weather adds to the intensity.

Limitations in daily activities, the morning is intensifying due to arthritis and thickening of the ends of the bones. This causes a variety of health supplements because of the composition of cartilage and joints more flexible.

The main effects and active ingredients:

1. glucosamine: a basic Aminosugar for glycoprotein synthesis and proteoglycan production is found in cartilage. increase and subsequent protective activities on the joints and cartilage activity increased flexibility.

:Chondroitin Sulfate-2 is a Glcosaminoglycan the protective effect of stimulating chondrocytes and cartilage cells is the main constituent. chondroitin Sulfate reducing pain and improving joint action in osteoarthritis is less intense.

Glucosamine and Kvndrv Aytyn in the treatment of bone-joint events in some sports activities too much pressure on the joints can be used.

manganese -3: The main effect of this material is that antioxidant capacity of cells caused by free radicals protects the body Raazkhsarat. Manganese is essential for healthy bone and cartilage health improvement and with other factors is essential to prevent bone Azpvky and also interfere with the metabolism of fat and sugar and helps blood clot. Mngnzdr dietary deficiency may cause weakness and physical fatigue and joint pain.

L (L-ascorbic Acid) Vitamin C -4 lack of vitamin C in the diet can cause Tvandalthabat joints of arthritis and osteoarthritis occur consequently. This vitamin will also help to collagen. Collagen is the building of the dam is very important tissues and the structural composition of the joints, cartilage Vtandvnha used. Myshvddrafrad advise smokers VitC must be included in their diet because they Dcharmyshvnd Rvmatvyyk Bhbymary earlier.

L-Proline-5: It is a non-essential amino acid that the body of the Shvd.klazhn Nyazklazhn with VitaminC ago to repair cartilage tissue and skeletal help facilitate this process gives detailed movement.

Flexible and soft tissue and cartilage of the bones in the joint to prevent erosion. In osteoarthritis, cartilage analysis of the process and this is inevitable with age. If the cartilage before the analysis is complete, recovered significantly reduces bone pain Yabd.vrm bones, hips, knees and spine of the most common complications of this disease.

L-Lysine-: It is an essential amino acid and the absorption of calcium in the body. In patients who have undergone surgery this Article hasten recovery is recovering. Osteoporosis can delay the formation of this vital process. People with dietary supplements containing L-Lysine and L-Proline-food use have joint pain are significantly reduced.

Packaging:

Dietary supplement in tablet form packed in 60 digits **The amount and route of administration:** Each time one pill 2 times a day with plenty of water daily.

CHITOSAN

it also has a positive effect on the activity of beneficial bacteria in the intestinal tract. Chitosan is a positively charged ion and bile acids thereby reduce cholesterol levels. Chitosan such as Orlistat prevents the absorption of fat and disposal through reduced weight. Chromium minerals in the body is affected. Refers to the body's glucose tolerance factor chromium. People with diabetes often have low levels of chromium their body.



Indications:

- weight loss
- cholesterol-lowering
- Increase physical strength

Each Capsule contains:

Chitosan 500 mg

Chromium as chelation (100 mcg)

The amount and route of administration:

2 capsules, 2 times a day

Chromium triglycerides, LDL cholesterol and reduces body. Chromium exclusively on

glucose and lipid metabolism of glucose and body fat helps separate management.

GREEN TEA PHYTOSOME

Green tea is rich in polyphenols, which have been processed with this technology Fitozom technology to increase the yield of green tea extract in the body. Research has shown Polyphenon combined with natural molecules are phospholipids increases performance. This

Fitozom technology to increase the efficiency of Polyphenon that combines green tea with phospholipids is created.



Indications:

- improve performance and enhance alertness and mental performance.
- help treat digestive disorders such as disorganization stomach, nausea and diarrhea.
- Weight Loss.
- Anti-cancer and help prevent cancer.
- cardiovascular disease and lowering blood pressure.

Blood concentrations in Fitozom method is double the usual way and stay active ingredient in the blood is longer.

Each capsule contains:

Green Tea Extract 600 mg Fitozom

Administration and Dosage:

1 capsule once a day.

VITAMIN B12

Vitamin B-12 sublingual tablets under the tongue immediately absorbed by the capillaries and the problem of degradation by stomach acid as well as the difficulties and risks associated with injection abscess and infection does not like.



Indications:

Vitamin B12 deficiency, especially those in their diet than meat and animal products used. The syndrome have difficulty in absorbing vitamins or are suffering from metabolic diseases. Nitrous oxide Mgalvblasty of patients.

After gastrectomy or extensive resection of the small intestine.

Macrosystic pernicious anemia and other anemias.

Schilling test by which the forms of the vitamin B12 and its deficiency in the body is checked. Neurological disorder caused by a deficiency of vitamin B-12

Cyanocobalamin is used in the treatment of vitamin deficiency. Vitamin B12 in the body's production of energy from fat and carbohydrates, as well as help build new proteins.

Cell proliferation in the gastrointestinal tract (mucosal lining), bone marrow (blood cell production) and neural tissue (nerve cells) can be done with the help of vitamin B12.

Each tablet contains:

Vitamin B12 (Cyanocobalamin) 1000 mcg

The amount and route of administration:

Adult: 1000 mcg (1 tablet) per day.

Children: 1000 mcg (1 tablet) every other day for 7 to 12 days.

MELATONIN

Melatonin is naturally produced in the body by the pineal cells Ghd. Production of melatonin has a circadian rhythm, which is set according to serum melatonin levels. Secretion of melatonin in the evening and at midnight began to peak, then its concentration comes down in the morning. Thus, melatonin plays an important role in regulating the body clock and key hormones.



Indications:

Help treat insomnia in the elderly

Help treat sleep disorders in children with neurological problems such as mental retardation, autism

Improve sleep quality in healthy subjects

Help relieve sleep problems caused by air travel

Help treat insomnia in the elderly

Help treat sleep disorders in children with neurological problems such as mental retardation

Improve sleep quality in healthy subjects

Help relieve sleep problems caused by air travel

Each chewable tablet contains:

Melatonin 1 mg

The amount and route of administration:

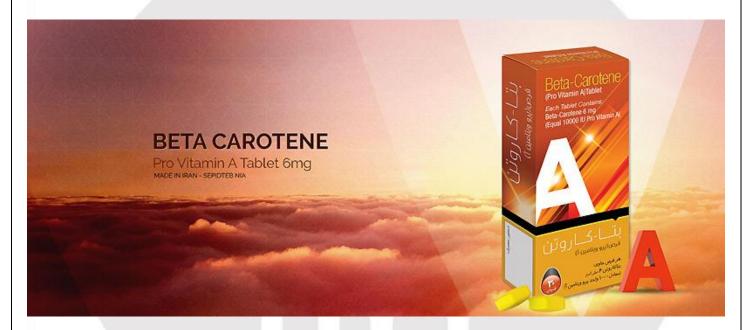
A chewable tablet, 30 minutes before sleep.

Only melatonin pills in the form of chewable and taste that is suitable for children and adults with swallowing problems.



BETA CAROTENE

Beta-carotene is a carotenoid of fat-soluble plant pigments. This substance is found naturally in carrots, sweet potatoes, pumpkin, spinach, kale and fruits like cantaloupe and apricots can be found.



Indications:

Prevention and treatment of vitamin A deficiency.

Improve symptoms and reduce glare in patients with Erythropoietic protoporphyria.

In age-related macular degradation.

Prevention of ischemic heart disease.

Prevention of cancers.

Antioxidants.

IRAN HOUSE OF

Beta-carotene have different properties, including antioxidant that can prevent cell damage. This material is converted to Vitamin A in the body immediately. Therefore, beta-carotene, a form of vitamin A can be considered. The key benefit of natural Vitamin A in order to have good eyesight, high safety and public health.

Each tablet contains:

Beta-Carotene (Pro Vitamin A) 10,000 units (approximately 6 mg)

The amount and route of administration:

Adults: 15-6 mg daily (3-1 tablets).

Children: 6-3 mg daily (1-5 / 0 tablets).

1000 Argicap

L-arginine is an amino acid that is naturally produced in the body. This amino acid found in red meat, poultry, fish, dairy products, wheat germ, flour, coconut, sesame, peanuts can also be found.



Indications:

L-arginine by helping the secretion of growth hormone, this hormone is secreted disorders. Growth hormone plays a significant role in the restoration of recovering and thus consume Larginine can also be useful in recovering.

L-arginine reduces the mean systolic blood pressure.

Haypramvnmya use as an adjunct in the treatment and disposal of toxic ammonia helps.

L-arginine consumption reduces wound healing time, accelerate the regeneration of damaged tissues and thus help in recovery after the surgery.

L-Arginine plays an important role in cell division and growth of the body, healing, strengthens the immune system and release of hormones plays.

L-arginine is converted in the body to a compound called nitric oxide. Nitric oxide stimulates the dilation of blood vessels and improve blood supply to organs and also stimulates the secretion of growth hormone and insulin.

Each capsule contains:

L-arginine (basic) 1000 mg

The amount and route of administration:

Adult: 1000 to 3000 mg (6-2 capsules) orally for one or two divided doses.

Children: 1,000 mg (2 capsules) orally for one or two divided doses.



L. ACTIVE

A way to restore youth force. Al-Active is a super antioxidant that contains the amino acid L-Carnitine is a natural.



Indications:

Adjunctive therapy in cardiovascular disease.

Adjunctive therapy in neurological disorders.

Useful in patients with sexual disorders.

Effective in the treatment of thyroid disorders.

Adjunctive therapy in the chronic fatigue syndrome (chronic fatigue and mental fatigue felt

improvement after eight weeks of taking L-carnitine).

Improve athletic performance.

Loss of appetite.

INNOVATION

What is the mechanism of L-carnitine?

Carnitine an essential role in the transfer of long-chain fatty acids into the mitochondrial matrix and the addition of L-Carnitine in muscle cells to burn fat during exercise or even at rest always helps and keeps active the cell's powerhousesL-carnitine is an effective method for the selection of fat as fuel, muscle cells and is capable of much higher speeds to burn fat and cause weight loss. Carnitine increases fat metabolism and turn it into energy needed by the brain and other organs of the body, have a positive impact on body functions and improve cardiovascular function, creating healthy circulation, improve memory, improve mood, help treat and manage

Each chewable tablet contains:

L-carnitine (tartrate salt) 1000 mg

The amount and route of administration:

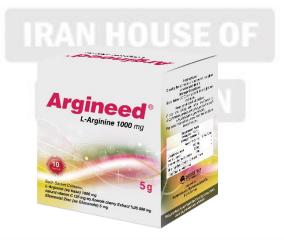
Adults: 3.1 g (1 to 3 tablets) daily in 2 or 3 divided doses.

Children: The initial amount of 50 mg per kg of body weight per day for 2 or 3 divided doses.

(In terms of child-bearing increasing the dose may be done under medical supervision).

L-Arginine Sachet 1000 g

This supplement contains L-arginine, vitamin C and zinc, which are prepared from the best French and Japanese raw materials. L-Arginine is an amino acid that is naturally produced in the body. This amino acid is also found in red meat, poultry, fish, dairy products, wheat germ and flour, coconut, sesame, and peanuts. L-Arginine plays an important role in cell division and body development, wound healing, strengthening the immune system and releasing hormones. L-Arginine is converted in the body to a compound called nitric oxide. Nitric oxide stimulates the dilation of blood vessels and improves blood flow to the organs, as well as stimulating the secretion of growth hormones and insulin. Vitamin C is required for normal metabolic activity as a coenzyme. It is very important in the formation of collagen and tissue regeneration. Involved in tyrosine metabolism. In carbohydrate metabolism, folic acid conversion, synthesis of lipids and proteins, and iron metabolism, vitamin C is very important. Zinc is a mineral. This substance is called the "essential trace element" because very little zinc is necessary for human health. Because the human body does not store excess, it should be consumed as part of a regular diet. Common food sources of zinc include red meat, poultry and fish. Zinc deficiency can cause short stature, decreased ability to taste food, and inability of the testicles and ovaries to function. Zinc plays a very important role in preventing and helping to treat colds, helping to increase the body's defenses, and helping to keep the skin, hair and nails healthy.



Indications

L-Arginine, with the help of growth hormone secretion, is used in disorders of the secretion of this hormone. Growth hormone plays an important role in the recovery of the recovery period, and thus the use of L-arginine can also be useful during the recovery period. L-Arginine lowers mean systolic blood pressure. It is used as an adjunct in the treatment of hyperammonemia and helps to excrete ammonia. Strengthen the safety device and help treat colds. Help improve sexual function in men and women Help promote healthy skin, hair and nails Prevention and treatment of vitamin C deficiency.

Each sachet contains:

- 1-L-arginine base (1000 mg)
- 2. Natural Vitamin C Equivalent to 500 mg of Ace Rawcalry Extract (125 mg)
- 3- Mental zinc in the form of gluconate (5 mg)

Dosage and administration of the drug:

Adults: 1000 to 3000 mg (1-3 sachets) orally in one or two divided doses.

Children: 1000 mg (1 sachet) orally in one or two divided doses.